

Transforming behaviour through trauma-informed approaches

Evidence based models and a wealth of solutions

This one-day training addresses trauma-informed ways of working with teenagers whose behaviour challenges. The expert presenter will discuss how zero tolerance approaches/ isolation rooms are proven to be harmful to both mental health and the developing brain. The presenter will then explore evidence based relational models that address the causes of behaviour, bringing you a wealth of solutions that work. Delegates will be supported to evaluate their practice, with practical strategies to begin to implement a way of supporting behaviour that is relational and reflective.

Open to Kent Schools
Training will be held online
via Zoom
31st March 2026
9.30am-4.00pm

To book your place email:
vsktraining@kent.gov.uk

